

Shadow Boxing With Her Karma

To exercise her demons,
she worked out five times a week
attempting to shed the unwanted debt
she had acquired in her past life;

a burden she had accumulated
during her many bouts with self-doubt,

stemming from a deep-seated state
of self-hate, bearing the wrath
from the past that constantly
haunted her.

In her previous life—
she was a French, mute prostitute
who spoke sign language in French
kisses.

In this life, she was but a woman scorned,
emotionally torn between remaining chaste &
spreading her legs for tomorrow's pseudo promises
that always seemed to allude her.

Life had certainly taken
her to task, knocking her on her ass
time & time again.

And thus, time was of the essence;
for the future would soon become her past
which is why she was so determined to win.

Each morning, she would wake up at 6 am
to face her demons in the mirror—
shadowboxing with her karma,
kicking its ass.

—Prince A. McNally